

The Good Life

Part 3

So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus, who, though He was in the form of God, did not count equality with God a thing to be grasped, but emptied Himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, He humbled Himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted Him and bestowed on Him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.
Philippians 2:1-11.

Outward Spiritual Discipline: Serve

Jesus gave us the perfect example of what service is.

We are the most like Christ when we serve.

But it shall not be so among you. But whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many.” -Mark 10:4-45



Outward Spiritual Discipline: Solitude

“It is quite possible to be a desert hermit and still never experience solitude.” -Richard Foster

Solitude removes the distractions of a busy world around us.

“Without solitude, it is virtually impossible to lead a spiritual life.” -Henri Nouwen

Three signs that you are in need of some solitude.

1. Fatigue
2. Loss of Perspective
3. Poor Judgement