



NOVEMBER 2018



BASIC TRUTH: God made me.

SAY THIS:

Who are you thankful for?
I am thankful for
people who help me.

DO THIS:



MORNING TIME

When you go into your baby's room this month, say, "Good morning! Where's my sweet baby? There he/she is! I am so thankful God gave you to me!"



FEEDING TIME

While feeding your baby this month, say, "God made your eyes. God made your nose. God made your cute, little chin. God made your sweet smile. God made . . ." Continue to name

all of the wonderful things about your child that God made as you look into his/her eyes.



CUDDLE TIME

Cuddle up with your baby this month and pray, "Dear God, thank You for choosing me to be this little boy's/girl's mom/dad. I pray You will surround me with people who will help me be the parent he/she needs me to be. I love You, God. In Jesus' name, amen."



BATH TIME

Sing to the tune of "Where Is Thumbkin" while bathing your baby: "I am thankful. I am thankful for my mom, for my dad. I a-m thankful. I a-m thankful. Yes, I am. Yes, I am."

From Parent Cue:



THE TRUTH ABOUT PARENTING PRESCHOOLERS

By Liz Hansen

Before we had children, a friend once told us, “Kids simultaneously ruin your life and make it awesome.” Now, as the parents of a one-year-old and a three-year-old, we ruefully refer to this comment on a regular basis. It’s the truth of our story right now.

We love our kids. We love our life. And we are exhausted.

Every day, every hour, every minute, the highs are high and the lows bottom out. One second, they’re bear hugging and giggling. Then we attempt lunch and the underweight 3-year-old refuses to take a single bite, while the hangry 18-month-old hurls everything off his tray—and then howls to get it back. And as I pull out the broom for the 17th time, I try not to think how many more days, pre-loaded with three meals each, will roll around before this phase is over.

We’re so deep in this story it’s nearly impossible to step outside it for a moment of perspective. Each day someone reminds me that my boys will be graduating high school before I can blink. I know it. But that’s not what I need to hear right now . . .

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