



JULY
2018



BIBLE STORY:

PSALM 119:11

When we learn God's Words,
we take them wherever we go.

SAY THIS:

What is with you
wherever you go?
**God's Word is with you
wherever you go.**

BASIC TRUTH: God made me. God loves me.
Jesus wants to be my friend forever.

DO THIS:



MORNING TIME

When you go into your child's room this month say, "I see a sleepy head. God loves you when you're a sleepy head because God loves you all the time!"



DRIVE TIME

As you drive, sing the following to the tune of "The Wheels on the Bus Go 'Round and 'Round." "The wheels on the [car/van/truck] go 'round and 'round, 'round and 'round, 'round and 'round. The wheels on the [car/van/truck] go 'round and round. God's with me wherever I go."



CUDDLE TIME

Cuddle up with your child this month and pray, "Dear God, your word says in Psalm 5:3 that 'In the morning, Lord, you hear my voice' (NIV). Thank You for listening to my prayers. I pray that [child's name] will grow up talking to You, believing that You hear everything [he/she] says. In Jesus' name, amen."



BATH TIME

As you bathe your child, sing the following to the tune of "Buffalo Gals." "God made you from your head to your toes, head to your toes, head to your toes. God made you from your head to your toes. You are wonderfully made!"

From Parent Cue:



OVERCOMING NEW PARENT ANXIETIES

By Leah Jennings

The words “new parents” and “anxiety” seem to be synonymous. If you Google the phrase “parent anxiety,” you’ll see titles such as “49 Parent Fears and How to Ease Them” and “Top 10 Fears of New Moms.”

WHAT FEAR TELLS YOU:

Parenting in this generation looks a lot differently than in generations past. Instant access to all kinds of research tells us what we’re doing wrong. This overload of information leaves us feeling stressed and afraid we’re unable to properly care for our children. Most new parent anxieties are centered around the same themes:

“I’M NOT GOOD ENOUGH.”

Blog and social media posts are constant reminders that the world is full of perfect parents and we’re not among them. We often wonder if we’re reading to our children enough, if we’re socializing them enough, and if we’re doing enough to aid in their physical, mental, emotional, and spiritual development.

But the truth is: You are more than enough.

God has entrusted you with this child for a reason. Trust that He will lead you in his or her upbringing. You are everything your child needs . . .

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